



FISHERS HEALTH DEPARTMENT

SCHOOL EXPOSURE WHAT TO DO NOW?

- 1) Begin Quarantine.** Stay home and try to limit exposure to those in the home. It is preferable if the person exposed is able to have a bedroom and bathroom dedicated to them, and if they have to be in the same room with other members of the family that they cover their nose and mouth. The only person who needs to be quarantined is the person who was directly exposed. Quarantine is 14 days from the date of last exposure.
- 2) Get Tested.** Testing is recommended for anyone with exposure, ideally 5 days after the date you were last exposed. Kids 5 years of age and older can be tested at the Fishers testing site. To book an appointment please visit www.fishers.in.us/healthdepartment.
- 3) Call Your Doctor.** Since your primary care physician knows your health history, we suggest reaching out to them to notify them of your exposure.
- 4) You Develop Symptoms.** Get tested. Call your doctor if you suspect an alternative illness or diagnosis, or if your symptoms are severe. Everyone in the home should quarantine unless an alternative diagnosis is given by a healthcare provider.
- 5) You Test Positive.** Begin isolation. Stay home and away from others including members of your household. The rest of your household needs to quarantine. Isolation is a minimum of 10 days from the start of your symptoms, or the date you are tested if you don't have symptoms. You need to also show an improvement in your symptoms and have no fever within the last 24 hours of your isolation before you can end the isolation. Please call your healthcare provider to notify them of your diagnosis, or if your symptoms are severe.
- 6) You Have Questions.** If you have any questions or concerns, please do not hesitate to contact us at 317-567-5046.

You are infectious 48
hours prior to
symptom onset

You need to
quarantine even if
masks were worn

If you develop
symptoms, everyone
in the home needs to
begin quarantine

You will need to
quarantine for the full
14 days, even if you
test negative

Notify your healthcare
provider

CITY OF FISHERS HEALTH DEPARTMENT CONTACT TRACING TEAM

3 Municipal Drive
Fishers, IN 46038

317-567-5046

www.fishers.in.us/healthdepartment

M-F 8:30-4:30